

THERAPY & TREATMENT LIST

The logo for Albayt Oleospa is centered on the page. It consists of a large, solid olive-green circle. Inside the circle, the word "albayt" is written in a large, white, lowercase, sans-serif font. Below "albayt", the word "oleospa" is written in a smaller, lowercase, sans-serif font. The "oleo" part is white, and the "spa" part is olive-green, matching the circle's color.

albayt
oleospa



SPA AND FITNESS ENTRANCE

- 1 Thermal Circuit Entrance: includes access to Fitness and Water Zone **30€**
- 1 Gym Entrance / 1 Fitness class session **10€**

Thermal Circuit:

Water Zone:

- Sensations-Experience Showers.
- Swimming Pool.
- Dynamic Pool: Jacuzzi, Underwater Massage Jets, Cervical Waterfall, Aquatic Waterbeds.
- Cold Pool.
- Foot Bath.
- Hot Zone: Steam Room, Caldarium and Sauna.
- Relax Patio: Relaxation Area with heated Beds, Tea and Fruit.
- Includes: 1 Big Towel and 1 Small Towel.

Fitness Studio:

- Cardiovascular and Muscular Machines by Technogym.
- Fitness Monitor and Personal Trainer.
- Collective Classes: Stretching, Aquagym, Body Sculpt, G.A.P, Salsa, Body Fighter...

MEDITERRANEAN OLIVE OIL MENU "OLEOTHERAPY"

	25'	45'	50'	60'
Olive Oil Massage	39€	55€		65€
Relaxing, Hydrating, Nourishing and Antioxidant Massage				
Body Wrap in Olive Oil	35€			
Antioxidant Toning Wrap and the skin				
Vital Beauty Body Treatment with Olive Oil			65€	
Massage and body wraps that gives the strength and vitality of Olive Oil combined with essential oils				
Olive Oil Body Exfoliation			35€	
Eliminates dead skin cells while nourishes and oxygenates the skin				
Firming Anti Cellulite Ritual in Olive Oil				60€
Exfoliation and Body Massage with Olive Oil properties plus a technique with specific movements against cellulite				
Beauty Spa for hands				35€
Nourishes, repairs, Soften the skin dry and rough skin of the hands				
Beauty Spa for feet				40€
Nourishes, repairs, Soften the skin dry and rough skin of the feet				

Albayt Resort Oleospa

Avd. Costa Galera nº. 34 - 29680 Estepona (Málaga)
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ALBAYT MESSAGES

	25'	30'	45'	60'
Anti-Stress Aromatic Olive Oil massage	39€	-	55€	65€
Specific Back and Neck Massage	39€	-	55€	-
Foot Reflexology	29€	-	-	50€
Scalp and Facial Massage	29€	-	-	-
Energetic Qi Massage The power of Qi Balm works on the "Marma" Energy points	-	-	-	70€
Albayt Massage Olive Oil and Volcanic Stones massage		55€	-	75€
Zen Chakras Massage with Semiprecious Stones Balance the Vital Energy of your body	-	-	-	75€
Volcanic Stone Massage Therapeutic Heat from the inside of the Hearth to the inside of your body	-	-	-	75€
Balinés Massage Unwind to the rhythm of a handkerchief over your Body	-	62€	-	-

Treatments also available in our Double Suite (for couples)
Ask about our personalized massage voucher

REIKI SISTEMA USUI

Energy Harmonization Chakras Channel your energy and rebalance your Chakras by removing energy blockages from your body that prevent the free flow of VITAL ENERGY	40'	30€
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Ask about introductory Courses (All levels)



WELLNESS TREATMENTS

	25'	50'	90'
Body Exfoliation with Salt and Flowers Eliminates dead skin cells providing trace elements and vitamins to the skin	35€	50€	
Cacao Therapy A hot cacao Guanajuá Elixir Ritual: Cacao Mud and Massage			75€
Karité Malai Body Ritual 100% natural Karité butter treatment, ideal after sun exposure		75€	
Delicious Honey Body Ritual Nourishing body Ritual due to Honey's properties		75€	
Seaweed wrap Anti -cellulite, Detox, draining/remineralizing treatment		70€	
Mud wrap Anti -cellulite, Detox, draining/remineralizing treatment		70€	

ONE DAY PROGRAMS

Foot Program Thermal Circuit + Foot Reflexology 25'	50€
Special Program for Men Thermal Circuit +Facial Massage "ThalGoMen" 25´	50€
Special Program for Women Thermal Circuit + Facial Massage "Marine Beauty" 25´	50€
Tired Legs Program Thermal Circuit + "Ice Effect" Draining Massage 25´	50€
Anti-stress Program Thermal Circuit + Anti-Stress Back and Neck Aromatic massage 25´	55€
Renewed Skin Program Thermal Circuit + Sea Salt and Flowers Body Glow 25´	56€
Olive Oil Vital Beauty Program Thermal Circuit + Olive Oil massage 25´+ Olive oil Wrap 25´	85€
Egyptian Ritual Program Thermal Circuit + Body Massage with Sándalu and Pachuli Oil 25´ + Nourishing Lotus Flower Oriental wrap 20´	80€
Mediterranean Ritual Program Thermal Circuit + 25´Exfoliant with Brown Sugar and Essence of Sacred Lotus + Voluptuous Flower of Sacred Lotus Wrap 25´	85€

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Chinese Ritual Program	90€
Thermal Circuit + Massage with Qi Balm in Ayurvedics points 25' + Rice Oil Sublime Wrap 25'	
Indoo Ritual Program	98€
Thermal Circuit + Body Exfoliant Ritual with Brown Sugar and Essence of Sacred Lotus 30' + 30' Massage with Qi Balm in Ayurvedics points 30' + Zen Infusion	
Vital Marine Beauty Program	95€
Thermal Circuit + Marine Body Exfoliation 25' + Marine Mud Wrap 25'	
Queen for a Day Program	95€
Thermal Circuit + Hands and Feet Beauty + Body exfoliation 25'	

ONE DAY PROGRAM WITH LUNCH FOR TWO PEOPLE

Escaped Program for Two Persons:	183€
Thermal Circuit + Salt, Oil and Flowers Peeling 25' or Nourishing Oriental Rice Balm Wrap 25' or Sea Mud Mineral Wrap 25' or D-Tox White Clay Wrap & Foot Massage 25' or Facial Cranium Massage 25' + Lunch	
Olive Oil Vital Beauty Program for two People:	180€
Thermal Circuit + Massage and Olive Oil Body Wrap 50' for two People + Lunch	
Aqua-Zen Program for two people:	150€
Thermal Circuit + 25' Aromatic Anti-Stress Massage in Double Massage Suite + Lunch	
Cocoa Program for Two Persons:	150€
Thermal Circuit+ Cocoa Treatment 40' + Cup of Cocoa + Lunch	

FACIAL TREATMENTS

	30'	55'	60'	75'
Skin Revealer Facial	45€	-	-	-
Instantaneous Beauty Treatment, ideal to embellish the skin in a few minutes				
Facial Hygiene	-	55€	-	-
Basic facial treatment. Cleans, Detoxifies and Hydrates the skin				
Renovating Facial with Cereals	-	59€	-	-
A 100 % natural treatment, consisting of cereals A real breakfast for the skin Provides vitamins, proteins and essential nutrients to revitalize the skin				



Intense Hydration Facial	-	-	75€	-
Specific Intense Hydration and Regeneration Treatment of the skin				
Earth & Sea Ecological Line Facial	-	-	75€	-
A real turn to the Mediterranean. All kinds of skins				
Intense Facial Reaffirmant	-	-	85€	-
Intense Treatment for mature skin that needs to reaffirm and to strengthen the deep skin tissue Mask based on natural marine collagen				
Intense Remodelling Facial	-	-	85€	-
Intensive treatment for mature skin with wrinkles Spectacular mask that Remodels the Face				
Meda Dathu Facial Ritual	-	-	-	85€
Oxygenating and purifying Therapy of the skin thanks to the massage with Japanese sticks that stimulate energetic points				
Facial cranium Kerala Ritual	-	-	-	90€
Therapy based on the AYURVEDA with Energetic cranium massage on energetic points with hot pindas				
Anti-Aging Facial	-	-	-	95€

WAXING

Leg Completes and Bikini		30€
Half a Leg with Vegetable Wax		20€
Bikini		10€
Top lip and Chin		10€
Underarm		9€
Arms		20€
Eyebrows		4€
Top Lip		4€
Man's chest		35€
Man's back		35€



BEAUTY SERVICES

	15'	20'	50'	60'	90'
Beauty of the Hands	-	-	30€	-	-
Beauty of the Feet	-	-	-	35€	-
Nails Lacquer Change	12€	-	-	-	-
Eyebrows Dye	12€	-	-	-	-
Eyelashes Dye	-	20€	-	-	-
Eyelashes Perm	-	-	30€	-	-
Eyelashes Dye+Perm	-	-	-	-	35€
1 UVA Beam Session	8€	-	-	-	-
10 UVA Beam Sessions	50€				

Rules, Recommendations and Contraindications to use our facilities:

RULES: The use of swimming wear, swimming cap and flip flops is necessary

CONTRAINDICATIONS: The facilities cannot be used if you are under any of the following conditions:

- Pregnancy (Doctor´s consent needed)
- Hypertension.
- Infectious diseases of the skin.
- Malignant tumours
- Cardiovascular alterations without your Doctor´s consent.
- Allergies in general (please consult)
- High blood pressure.
- Fever.

PROHIBITIONS: Children under 18 are not allowed, 16 and over must be accompanied by an adult.

- Smoking in the whole spa area.
- Use of any cameras and mobile phones.
- Casual wear shoes.
- Pets.
- Running inside the spa area or plunging in the swimming pools.
- Eating or drinking in the water zone (except in the relaxation patio).

Óleo Spa Timetable:

Monday to friday from 9.00 am to 9.00 pm, Saturdays from 10.00 am to 8.00 pm

Sundays from 10.00 am to 3.00 pm

Previous appointment is requested.

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